



Waveney Valley Canoe Club

The Friendly Family Club

WVCC SEPTEMBER 2008 NEWSLETTER

Congratulations

What a great summer we have had at the Club! We were concerned in April that we had a shortage of Coaches and we would be limited in what we could do this year. Despite this we have one of our most successful years ever with lots of you gaining awards and with some very well attended Club nights on Thursdays. The Club membership is a high as it has ever been and we are now at the point where we are saying sorry we are full, apply again next year.

However none of this could have happened without the hard work of the Coaches. The Club has always set the highest of standards in its coaching and the level of supervision of groups on the water. This has been difficult at times but we feel that this has always been maintained. We only cancelled one Thursday this year and that was because we could not guarantee an adequate level of supervision. All of our Coaches have busy professional lives, some of them teaching canoeing, and yet they freely give up their time to come and teach, run trips and (I hope you agree!) give everyone a really enjoyable experience. We are a strictly amateur club and nobody earns a penny, in fact Coaches are often out of pocket. They do it because they want to pass on their enthusiasm and enjoyment of our sport. I am sure that you will join me in thanking them wholeheartedly for all their efforts in making this such a great Club.

I hope that you find this newsletter of help. Again a lot of volunteer effort goes in to producing it. We have tried to offer a wide range of opportunities for you to participate in. We really look forward to seeing you!

Dave Cassell (Chairman)

For further information and view photographs of any trip click on the WVCC web site.
www.waveneyvalleycanoeclub.co.uk

WVCC AGM 7.30 pm Saturday 18 October

This will be held upstairs at the Clubhouse. It is your opportunity to hear of future plans for the club and be involved in the re or election of the committee members.

You can also raise your suggestions or ideas and make a contribution to the future our club. Please support the meeting and let us hear your views good or bad.

A Party – Saturday 13 December 7pm to late (TBC)

We are going to try something **NEW** by having a party. December is a busy month with Christmas fast approaching so try and keep the date free.

If you have any ideas for the party as long as it is legal let a coach or a committee member know. The committee are next meeting Tuesday 7 October.

Forthcoming Events – Trips

Trip type	Date	Location	Organiser	Telephone
1*	Sunday 21 September	River Waveney	Dave Cassell	01508 498433
2*	Sunday 5 October	Broads Trip	Paul Jary	01493 854340
1*	Sunday 19 October	Shotford bridge to Homersfield	Keith Poulson	01502 678202
2*	Sunday 16 November	Estuary Trip TBA	Dave Cassell	01508 498433
1*	Sunday 30 November	Ranworth to Thurne	Paul Jary	01493 854340

Trips

If you plan to go on any of the above trips you will need to telephone the trip organiser at least 2 days before the trip to book your place. The organiser will then make final arrangements how contact needs to be made to confirm the trip in case of bad weather.

Essential on all trips

Buoyancy Aid, Warm Clothing (several thin layers) **DO NOT WEAR DENIM**
Warm hat-gloves and bring a spare set of clothes-towel-cagoule. Packed lunch and hot drink are essential.

SUNDAY POOL PRACTICE SESSIONS on alternate Sundays at Archbishop Sandcroft School in Harleston from 5.30pm – 6.30 pm:

You can practise all your skills in the safety of a warm pool and perhaps learn how to roll. You can bring your own paddle but canoes are provided. Wear a swimsuit and tee shirt. We are also going to try something **NEW**, on the **three evenings highlighted below** we are extending the session to have hours polo until 7.30pm. It is a great way to hone your skills and have a lot of fun. **It's not rough – really.**

Sunday 28 September	5.30 to 6.30	No polo
Sunday 12 October	“	No polo
Sunday 26 October	5.30 to 7.30	Includes 1 hour of polo
Sunday 9 November	5.30 to 7.30	Includes 1 hour of polo
Sunday 23 November	5.30 to 6.30	No polo
Sunday 7 December	5.30 to 7.30	Includes 1 hour of polo

POLO SESSIONS - You do not need to have had any experience of playing polo it is suitable for all abilities. Helmets are provided. Wear a swimsuit and tee shirt.

Chairman	Dave Cassell	01508 498433	mailto:Dave.cassell@btinternet.com
Vice Chair	Robin Sawyer		
Secretary	Andy Church		mailto:andrew.church2@btopenworld.com
Treasure	Julie Ing	01986 788465	mailto:Julieing@btconnect.com
Child Protection	Caroline Doyle	01986 896183	

Check our web for changes – ‘What’s On’ www.waveneyvalleycanoecub.co.uk
 Newsletter contributions to <http://www.k.poulson@btconnect.com/>