



*Waveney Valley Canoe Club*

*The Friendly Family Club*

## WVCC OCTOBER 2007 Newsletter

As the formal part of our canoe year draws to a close we can reflect on the success of the courses run this summer. As Dave Cassell outlined at the BBQ in September we have had one of the most successful years for the number of people gaining their BCU Star awards. Most club nights WVCC has been a hive of activities with enthusiastic paddlers keen to get on the water. Usually things tail off in the summer with holidays etc, but not this year! Even on 4 September the second RiverCare clean up trip two instructors took out about 30 canoeists. It was quite an eventful trip down to Wainford with two swans deciding to take off from the water and fly through the group.

The club committee has now finalised the early winter programme of activities that everyone is encourage to take part in. (See enclosed) What ever level your skills are Experience and Miles on the river or in the pool counts. There are plans for further investment in more kayaks, racing boats, canoes and other kit.

We currently have a waiting list of people who wish to take courses in 2008.

A hearty well done for all those that achieved their Star awards this year and thank you for continually demonstrating enthusiasm and determination to achieve the level of competence required.

The write up of the night paddle will feature in the next newsletter.

For further information and view photographs of any trip click on the WVCC web site. [www.waveneyvalleycanoecub.co.uk](http://www.waveneyvalleycanoecub.co.uk)

### Forthcoming Events - Trips

Trip type	Date	Location	Organiser	Telephone
1*	30 September	Hardley Staithe to Loddon	Dave Lines	01508 518539
2*	14 October	River Deben	Dave Cassell	01508 498433
1*	28 October	Shotford bridge to Homersfield	Keith Poulson	01502 678202
2*	11 November	Orford Ness	Dave Cassell	01508 498433
1*	25 November	Beccles to Worlingham	Rob Fisher	01508 520025
2*	9 December	Broads Trip	Dave Cassell	01508 498433

## **Trips**

If you plan to go on any of the above trips you will need to telephone the trip organiser at least 2 days before the trip to book your place. The organiser will then make final arrangements how contact needs to be made to confirm the trip in case of bad weather.

## **Essential on all trips**

Buoyancy Aid, Warm Clothing (several thin layers) **DO NOT WEAR DENIM**  
Warm hat-gloves and bring a spare set of clothes-towel-cagoule  
Packed lunch and hot drink

## **Whitewater Weekends**

For further information on whitewater trips below please telephone Chris Sharp on 01502714812

### **2-4 November – Tyne and Allen Rivers, Grade 1-3**

18 November – River Exe descent, Grade 1-2

**SUNDAY POOL PRACTICE SESSIONS** on alternate Sundays at Archbishop Sandcroft School in Harleston from 5.30pm – 6.30 pm on:

You can practise all your skills in the safety of a warm pool and perhaps learn how to roll. You can bring your own paddle but canoes are provided. Wear a swimsuit and tee shirt.

Sunday 23rd Sept	Sunday 4th Nov
Sunday 7th Oct	Sunday 18th Nov
	Sunday 2nd Dec

**POLO SESSIONS** on Mondays at Archbishop Sandcroft School in Harleston from 7.00pm – 8.00pm on:

You do not need to have had any experience of playing polo it is suitable for all abilities.

Monday 24th Sept	Monday 12th Nov
Monday 1st Oct	Monday 19th Nov
Monday 8th Oct	Monday 26th Nov
Monday 29th Oct	Monday 3rd Dec
Monday 5th Nov	Monday 10th Dec

You can bring your own paddle but canoes and helmets are provided. Wear a swimsuit and tee shirt.

Chairman	Dave Cassell	01508 498433	<a href="mailto:Dave.cassell@btinternet.com">mailto:Dave.cassell@btinternet.com</a>
Vice Chair	Mark Sheldrake	01508 471169	<a href="mailto:Marksheldrake@btopenworld.com">mailto:Marksheldrake@btopenworld.com</a>
Secretary	Elaine Sherrifs	01603 503262	<a href="mailto:elainesherr@yahoo.co.uk">elainesherr@yahoo.co.uk</a>
Treasure	Julie Ing	01986 788465	<a href="mailto:Julieing@btconnect.com">mailto:Julieing@btconnect.com</a>
Check our web for changes – ‘What’s On’ <a href="http://www.waveneyvalleycanoecub.co.uk">www.waveneyvalleycanoecub.co.uk</a>			